



CREATIVE BRAIN WEEK

SINGAPORE 2024

NEURO-
DIVERSITY

1-5
OCTOBER

AGEING

ART

NEURO-
PLASTICITY



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Organised by



In partnership with



Clár Éire Ildánach
Creative Ireland
Programme



Atlantic Fellows

Creative Brain Week is a Global Brain Health Institute innovation from Trinity College Dublin, developed by Creative Aging International, with support from Creative Ireland and the Atlantic Institute.

Timetable & venues

	DAY 1 TUE 1 OCT	DAY 2 WED 2 OCT	DAY 3 THU 3 OCT	DAY 4 FRI 4 OCT	DAY 5 SAT 5 OCT
IST 03:30	SGT 10:30				
04:00	11:00	Interactive talk on inclusive practices for developmental health by Dr Geraldine Teo	Interactive talk on person-centred art practices for community health by Dr Felicia Low	Interactive talk on environmental practices for geriatric health by Peggy Ferroa	Pop-up exhibition of art that rethinks love, connection and attention
05:00	12:00				
06:00	13:00	Body-mapping workshop on experiences of love and care in, on and across our bodies	Body-mapping workshop on experiences of love and care in, on and across our bodies	Body-mapping workshop on experiences of love and care in, on and across our bodies	Potluck picnic & mind games brain food for the creative soul
07:00	14:00				
08:00	15:00				featuring short films by students from Puttnam School of Film & Animation
09:00	16:00	Opening remarks by distinguished guests, with Prof Ng Wai Hoe Group CEO, SingHealth as Guest of Honour	Field trip Roundtable discussion at Enabling Village Singapore on the topics of art and neurodiversity		Closing of Creative Brain Week Singapore 2024 a communal processing of experiences, thoughts, and ideas
10:00	17:00	Panel discussion with the creative brains behind different Creative Brain Week satellite programmes	exploring the grounds of Enabling Village Singapore		a reimagined walking stick sculpture by local artist anGie Seah
11:00	18:00	Welcome reception launching the week-long event of talks, discussions, workshops, exhibition, picnic and games	Roundtable discussion on the topics of art and neuroplasticity	Roundtable discussion on the topics of art and ageing	and the body maps of love contributed by workshop participants
12:00	19:00				
13:00	20:00		Body-mapping workshop on experiences of love and care in, on and across our bodies		
14:00	21:00				

A Creative Cube
Block C Level 1 #C101
McNally Campus

LASALLE College of the Arts
1 McNally Street
Singapore 187940

B The Art Faculty
Workshop Space

Enabling Village Singapore
20 Lengkok Bahru, #01-07
Singapore 159053
(Drop-off point A)

C The Amphitheatre
Mezzanine Level
McNally Campus

LASALLE College of the Arts
1 McNally Street
Singapore 187940



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DAY 1 PROGRAMME

TUE 1 OCT

IST
09:00
|
10:30
SGT
16:00
|
17:30

LOCATION:
CREATIVE CUBE

Opening address

WELCOME AND INTRODUCTION

Dr Cissie Fu

Project Lead, Creative Brain Week Singapore 2024
Head, McNally School of Fine Arts, LASALLE College of the Arts

OPENING SPEAKERS

Dr Venka Purushothaman

Deputy President & Provost, LASALLE College of the Arts

Dr Linda Doyle

Provost and President, Trinity College Dublin

Prof Brian Lawlor

Site Director, Global Brain Health Institute, Trinity College Dublin

Dr Clive Tan

Atlantic Fellow, Health Equity, Southeast Asia programme;
Assistant Chief, Group Integrated Care, National Healthcare Group

GUEST OF HONOUR

Prof Ng Wai Hoe

Group Chief Executive Officer, SingHealth



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Panel discussion

THEMATICALLY CONNECTED, LOCALLY INFORMED

Dominic Campbell

Producer, Creative Brain Week

Dr Jayashree Dasgupta

Project Lead, Creative Brain Week India

Dr Kim Nguyen

Project Lead, Creative Brain Week Brisbane

Dr Cissie Fu

Project Lead, Creative Brain Week Singapore

SGT
17:30
|
19:00

LOCATION:
CREATIVE CUBE

Welcome reception

Opening reception to celebrate and launch the inaugural Creative Brain Week Singapore 2024.

DAY 2 PROGRAMME

WED 2 OCT

SGT
10:30
|
12:00

Interactive talk

LOCATION:
CREATIVE CUBE

SERVE AND RETURN? WHAT'S THAT?

The brain's architecture starts developing before birth and continues into adulthood. Research shows that early experiences significantly impact the foundation and quality of brain development. Supportive relationships and positive learning experiences are crucial to children's brain development.

What is "serve and return," and how do responsive relationships support brain development? How can we incorporate these practices into our daily lives to ensure every child has the opportunity to build a strong foundation for optimal brain development?

Join **Dr Geraldine Teo** to explore and unpack the five steps of "serve and return" that shape young children's brain circuitry.

SGT
12:30
|
14:00

Body-mapping workshop

LOCATION:
CREATIVE CUBE

THIS IS WHAT LOVE FEELS LIKE

A body map is a life-sized drawing of the body's outline that reveals thoughts, emotions, physical sensations, and memories through decorations such as marks, images, colors, words, sentences, and symbols. Join this guided workshop devised by **Dr Trudy Meehan** where participants map their embodied experience of the feeling of 'love' through the making of a body map.

IST
10:30
|
12:00

SGT
17:30
|
19:00

Roundtable discussion

LOCATION:
CREATIVE CUBE

ART AND NEUROPLASTICITY

Join **Prof Annabel Chen, Dr Cheryl Loh, Kng Mian Tze** and **Dr Yanyun Chen** as they discuss how creative activities drive neuroplasticity, shape brain function, enhance cognitive abilities, and support mental health. Discover innovative ways to leverage art for improving brain health and resilience at this roundtable.



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DAY 3 PROGRAMME

THU 3 OCT



Scan to sign up

SGT
10:30

12:00

LOCATION:
CREATIVE CUBE

Interactive talk

AN INTRODUCTION TO PERSON-CENTERED ARTS PRACTICES
WITH COMMUNITIES

Join **Dr Felicia Low** in the introductory presentation of her research on developing a framework that highlights the significance of arts practices within communities. Emphasising on personal, social, cognitive, and cultural dimensions, this four-dimensional map aids artists and facilitators in drafting programme objectives and evaluations for art projects that engage the community.

SGT
12:30

14:00

LOCATION:
CREATIVE CUBE

Body-mapping workshop

THIS IS WHAT LOVE FEELS LIKE

A body map is a life-sized drawing of the body's outline that reveals thoughts, emotions, physical sensations, and memories through decorations such as marks, images, colors, words, sentences, and symbols. Join this guided workshop devised by **Dr Trudy Meehan** where participants map their embodied experience of the feeling of 'love' through the making of a body map.

OFF-SITE!

The Art
Faculty

SGT
15:30

17:00

Roundtable discussion at Enabling Village Singapore

ART AND NEURODIVERSITY

Discover how art and neurodiversity intersect through discussions on fostering inclusive learning environments, digital tools for accessibility, and empowering individuals with disabilities through employment and independence. Join **Dr Damaris Carlisle**, **Edmen Leong**, and **Winston Wong** for this roundtable at Enabling Village Singapore.

OFF-SITE!

The Art
Faculty

SGT
17:00

18:00

Learning field trip

Explore iconic inclusive spaces that merge architecture, lifestyle, technology, and universal design for visitors of diverse abilities to meet and interact with one another.

SGT
19:00

21:00

LOCATION:
CREATIVE CUBE

Body-mapping workshop

THIS IS WHAT LOVE FEELS LIKE

An after-hour session of the body-mapping workshop devised by **Dr Trudy Meehan**.

DAY 4 PROGRAMME

FRI 4 OCT

SGT
10:30
|
12:00

LOCATION:
CREATIVE CUBE

Interactive talk

COGNITIVE ENCORE: DRAMA'S IMPACT ON THE AGEING BRAIN

Much has been discussed about the benefits of drama for seniors – improved health, enhanced well-being, sharper memory, and a renewed sense of self and connection with others. In this presentation, **Peggy Ferroa** introduces three drama projects involving both robust and frail seniors, showcasing how the multifaceted nature of drama engages the brain on cognitive, emotional, and social levels. Cognitive Encore discusses the ageing process and demonstrates how artists can adapt their practice to help seniors continue learning, performing, and interacting, allowing the brain to step back into the spotlight.

SGT
12:30
|
14:00

LOCATION:
CREATIVE CUBE

Body-mapping workshop

THIS IS WHAT LOVE FEELS LIKE

A body map is a life-sized drawing of the body's outline that reveals thoughts, emotions, physical sensations, and memories through decorations such as marks, images, colors, words, sentences, and symbols. Join this guided workshop devised by **Dr Trudy Meehan** where participants map their embodied experience of the feeling of 'love' through the making of a body map.

IST SGT
10:30 17:30
|
12:00 19:00

LOCATION:
CREATIVE CUBE

Roundtable discussion

ART AND AGEING

Join us for a dynamic roundtable discussion at Creative Brain Week, where **anGie Seah, Dominic Campbell, Melissa Chan, and Dr Michael Tan** explore the intersection of art and ageing. Delve into how creativity enhances wellbeing, cognitive function, and quality of life as we age, fostering innovation in brain health and social development across generations.



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DAY 5 PROGRAMME

SAT 5 OCT

SGT
11:00

19:00

LOCATION:
CREATIVE CUBE
FOYER

Pop-up exhibition

Experience a pop-up exhibition that rethinks love, connection, and attention that invites you to explore the intricate connections between art, emotion, and the brain. Featuring thought-provoking short films by students from Puttnam School of Film & Animation, social sculpture by local artist anGie seah, and the body maps of love contributed by workshop participants.

*Short films by students from Puttnam School of Film & Animation and the social sculpture by local artist anGie seah will be available for view throughout the week from 1 to 5 October at the Creative Cube foyer.

SGT
12:30

14:00

LOCATION:
THE AMPHI-
THEATRE

Potluck picnic & mind games

Come together for a relaxed and informal potluck picnic! Bring your favourite dish to share and enjoy a cozy outdoor gathering with fellow participants. Engage in fun mind games that challenge your thinking, spark creativity, and foster meaningful connections.

SGT
15:00

17:00

LOCATION:
CREATIVE CUBE

Closing

Join us for the closing event of Creative Brain Week Singapore 2024, a communal gathering to reflect on and process the insights, experiences, thoughts, and ideas sparked by the week's programmes.



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Guest of Honour



Prof Ng Wai Hoe

Group Chief Executive Officer, SingHealth

Prof Ng Wai Hoe is the Group Chief Executive Officer of SingHealth and Professor at Duke-NUS Medical School. He was previously Deputy Group Chief Executive Officer (Strategy & Planning) of SingHealth, Chief Executive Officer of Changi General Hospital, Medical Director/Chief Executive Officer of the National Neuroscience Institute, Academic Chair of the SingHealth Duke-NUS Neuroscience Academic Clinical Programme and Deputy Chair of the SingHealth Medical Board. Prof Ng is a neurosurgeon with a clinical practice focused on neurosurgical oncology and stereotactic and functional neurosurgery. He is Chairman of the Neurosurgery Residency Advisory Committee, past Chairman of the Chapter of Neurosurgeons (Singapore) and on the Panel of Chairmen of Disciplinary Tribunal with the Singapore Medical Council.

Opening speakers



Dr Venka Purushothaman

Deputy President & Provost, LASALLE College of the Arts, University of the Arts Singapore

Dr Venka Purushothaman, PhD is Deputy President & Provost at LASALLE College of the Arts, University of the Arts Singapore. He is an arts writer, educator and university administrator with a distinguished career in Singapore's arts higher education and cultural industries. His research and writing span international cultural relations and policy, arts education, festival cultures and contemporary art. Venka founded the Asia-Pacific Network for Culture, Education and Research (ANCER), co-founded the Tokyo-initiated Global Design Initiative, and chairs the Zurich-based Shared Campus. He sits on several expert panels in Singapore and is a member of the International Cultural Relations Research Alliance at Institut für Auslandsbeziehungen (Germany) and a Fellow of the Royal Society of the Arts (UK).



Dr Linda Doyle

Provost and President, Trinity College Dublin

Dr Linda Doyle is the President and Provost of Trinity College Dublin, the University of Dublin. Prior to her appointment as Provost, she was Professor of Engineering & The Arts in Trinity. For many years, she has combined creative arts with engineering, including founding the Orthogonal Methods Group, a research initiative that works in critical and creative tension with technology to generate knowledge, insights, and alternative research orientations across disciplines. Dr Doyle has raised over €70 million in research funding and published widely in her field. As well as her contributions to research and the arts, she is an active advocate for women in engineering and computer science.



Prof Brian Lawlor

Site Director, Global Brain Health Institute, Trinity College Dublin

Prof Brian Lawlor is Conolly Norman Professor of Old Age Psychiatry and Site Director of the Global Brain Health Institute at Trinity College Dublin. He is a geriatric psychiatrist with an interest in dementia, late-life depression, loneliness and brain health. Prof Lawlor has worked for over 30 years on developing services and delivering care to people with dementia. His research interests range from early detection and prevention to evaluating new treatments for dementia.



Dr Clive Tan

Atlantic Fellow, Health Equity, Southeast Asia programme
Assistant Chief, Group Integrated Care, National Healthcare Group

Dr Clive Tan is a medical doctor and public health specialist with close to two decades of clinical and leadership experience in the healthcare sector. He is Senior Consultant (Public Health) at Tan Tock Seng Hospital, National Healthcare Group, working to improve the health for residents in the central-north region of Singapore, using a population health approach with a focus on integrated care, behavioral change and care for the vulnerable and marginalised. Dr Tan is also Director of Medical Services for the Home Team at Singapore's Ministry of Home Affairs, where he oversees the medical services provision, quality assurance, preventive health programmes and digital health developments.

Speakers & facilitators

(in alphabetical order)



Day 4 – Roundtable discussion: art and ageing

anGie seah
Artist

The oneness and porousness of life and art in which anGie thrives: to be, live, and practice art while embracing the agency of life's uncertainty. Her multidisciplinary art practice traverses the domains of drawing, sculpture, performance art, sound, installation and video. In 2000, she was awarded an education bursary from the National Arts Council, graduated from the Royal Melbourne Institute of Technology with a Bachelor of Arts, majoring in sculpture. In 2005, she was awarded a cultural scholarship from the Goethe Institut Berlin. Since 2000, anGie has exhibited works, taken part in artist residencies, and participated in art festivals locally and internationally. For over two decades, she has conceived and created socially engaged art projects with diverse communities, both locally and abroad. Working with communities allows her to connect deeply with people and experience the realities of their lives.



Day 2 – Roundtable discussion: art and neuroplasticity

Prof Annabel Chen
Director, Cradle@NTU
President's Chair in Psychology
Professor, School of Social Sciences
Professor, National Institute of Education (courtesy appointment)

Prof SH Annabel Chen is President's Chair in Psychology, with joint appointments at Lee Kong Chian School of Medicine and the National Institute of Education, Nanyang Technological University. She is a clinical neuropsychologist and conducts brain research using functional neuroimaging. Prof Chen directs the Centre for Research and Development in Learning (CRADLE@NTU) where innovative interdisciplinary research in the Science of Learning is leveraged upon to inform practices in education, workforce and lifelong learning. She also co-directs the Centre for Lifelong Learning and Individualised Cognition (CLIC) in collaboration with the University of Cambridge, supported by NRF-CREATE, investigating cognitive flexibility and research translations to real-life applications, including its influence on creativity.



Day 2 – Roundtable discussion: art and neuroplasticity

Dr Cheryl Loh
Psychiatrist and art collector

Dr Cheryl Loh and her husband John Chia have been art collectors for over 20 years. Their collection centres on contemporary Southeast Asian art. Though they strive for academic focus and discipline, they have also wandered off into vintage maps, Japanese woodblock prints, fossils and old books. Dr Loh is a psychiatrist by profession. She currently works in her own private practice and has a special interest in adolescent mental health.



Day 1 – Panel discussion

Day 2 – Workshop

Day 3 – Workshop

Day 4 – Workshop

Dr Cissie Fu

Head, McNally School of Fine Arts, LASALLE College of the Arts, University of the Arts Singapore
Project Lead, Creative Brain Week Singapore 2024

Dr Cissie Fu is a political theorist and co-founder of the Political Arts Initiative which is interested in the ways in which people interact and compose political ideas and actions through technology and the arts. Born in Hong Kong, Cissie studied, taught, curated and performed across cultural and educational institutions in Asia, Europe, the UK, and the Americas and most recently as Dean of the Faculty of Culture and Community at Emily Carr University of Art + Design in Canada. With a forthcoming open textbook on cultural production and the law, Cissie is currently completing a monograph on the politics of silence, which draws from artistic practices to resuscitate silence as a positive political concept. Cissie's practice-led research interests in relational aesthetics and decolonial action, combined with her experiments in experiential and transformative organisational design, inform her approach to institution-building as a creative, critical and communal cultural practice.



Day 3 – Roundtable discussion: art and neurodiversity

Dr Damaris Carlisle

Lecturer-in-Charge, The Learning Centre, LASALLE College of the Arts, University of the Arts Singapore

Dr Damaris Carlisle is Lecturer-in-Charge of The Learning Centre at LASALLE College of the Arts, where she provides academic support to both students and staff. With a Doctorate in Education focused on the challenges faced by learners with special educational needs during their transition to university in Singapore, she is dedicated to fostering an inclusive learning environment. Dr Carlisle actively promotes the use of digital tools such as assistive technologies, text-to-speech software, and note-taking apps to enhance accessibility. Her work is driven by a passion for creating a campus where all students, regardless of ability, can thrive academically and artistically.



Day 1 – Panel discussion

Day 4 – Roundtable discussion: art and ageing

Dominic Campbell

Director, Creative Aging International
Producer, Creative Brain Week
Arts Manager, Irish Hospice Foundation
Founder of ArtsandBrain.com

Dominic Campbell is co-founder of Creative Aging International, instigator of the Irish Hospice Foundation's Art and Cultural Engagement programme, former Director of Age & Opportunities Bealtaine Festival and Ireland's national St Patrick's Festival. As a GBHI and Atlantic Fellow he developed Creative Brain Week. A cultural producer based in Ireland, working internationally, he is interested in how we all might live better, longer.



Day 3 – Roundtable discussion: art and neurodiversity

Edmen Leong

Director, Specialised Educational Services, Dyslexia Association of Singapore

Edmen Leong is the Director of Specialised Educational Services at the Dyslexia Association of Singapore, overseeing programmes like Artventure, Speech and Drama Arts, Preschool, and Speech and Language Therapy. He is completing a PhD on reading motivation in adolescents with dyslexia and has published research on how pictures can help learners understand stories. Edmen has also organised art competitions, workshops and showcases to highlight students' talents and boost their self-esteem. Edmen believes every child has the potential to thrive and is committed to empowering educators and parents with strategies to support their development.



Day 3 – Interactive talk

Dr Felicia Low

Founding Director, Community Cultural Dimensions

Dr Felicia Low, a graduate of Goldsmith's College, is a visual artist, arts educator and applied arts researcher. A Lee Kong Chian scholar of the National University of Singapore (NUS), Dr Low obtained a PhD in Cultural Studies in Asia in 2015. She has also written a pedagogical guide and trains artists-facilitators on Person-centred Arts Practices with Communities, with support from the National Arts Council. Since 2000, she has worked with various arts and social institutions and organisations. Dr Low was the recipient of the Outstanding Youth In Education Award 2005 and was selected for the President's Young Talent Show 2009 organised by the Singapore Art Museum. She received the Teaching Merit Award from the Singapore University of Social Sciences in 2019. She is the founding director of Community Cultural Dimensions, which aims to provide a critical discursive platform for artistic practices that engage with communities in the region. She is also a part-time supervisor at LASALLE College of the Arts (MA Arts Pedagogy and Practice), associate lecturer at Nanyang Technological University (BA Public Policy & Global Affairs) and NUS (MA in Arts and Cultural Entrepreneurship).



Day 2 – Interactive talk

Dr Geraldine Teo

Head, SJI International Preschool

Fellow, Early Childhood Development Agency

Dr Geraldine Teo is Head of School at SJI International Preschool and an ECDA Fellow under the Early Childhood Development Agency that she partners to drive and lead key sector initiatives. Dr Teo holds a PhD in Early Childhood Education and is passionate about the development of children, especially those in their early years. A seasoned speaker with 30 years of experience, she has presented papers in conferences and workshops both locally and internationally. With her deep theoretical and practical knowledge on Early Childhood Care and Education, Geraldine has inspired and nurtured many to become current leaders in the sector.



Day 2 – Workshop

Day 3 – Workshop

Janet Teoh

Lecturer, Pastoral Care, LASALLE College of the Arts, University of the Arts Singapore

Janet Teoh is an experienced educator and practicing artist with extensive leadership in academia. She has served as Programme Leader for various diploma and undergraduate programmes, including Visual Studies, Foundation Studies, Fine Arts 3-Dimensional and Jewellery Design. Deeply committed to student well-being, Janet provides pastoral support at LASALLE College of the Arts and is a certified Mindfulness Facilitator. She leads mindfulness workshops and is trained in the MiSP Teach.b Curriculum from the UK, currently enrolled in Oxford University's MBCT teacher training. Janet integrates mindfulness practices into her curriculum, developing workshops to enhance awareness, concentration, and insight in teaching and learning contexts.



Day 1 – Panel discussion

Dr Jayashree Dasgupta

Clinical Psychologist

Social entrepreneur

Atlantic Fellow, Equity in Brain Health, Global Brain Health Institute

Project Lead, Creative Brain Week Delhi 2024

Dr Jayashree Dasgupta is a Global Atlantic Fellow for equity in Brain Health at the Global Brain Health Institute. A clinical psychologist by training, she is a social entrepreneur and clinician-researcher based in India. As the co-founder of Samvedna Care and an adjunct professor of healthcare management at Chitkara University, Dr Dasgupta develops culturally appropriate mental health and dementia care models with a focus on dementia care amongst transnational families. She also co-leads the creative brain network in India which is promoting brain health through creativity and multidisciplinary collaborations.



Day 1 – Panel discussion

Dr Kim Nguyen

Economist

Atlantic Fellow, Equity in Brain Health, Global Brain Health Institute

Project Lead, Creative Brain Week Brisbane 2024

Dr Kim Nguyen is a health economist and a Global Atlantic Fellow for Equity in Brain Health at the Global Brain Health Institute. She uses insights from economic and brain health research to examine decision-making processes across individuals, organisations, and systems, enabling the design of more effective interventions and policies to enhance brain health. Dr Nguyen collaborates with scientists, artists, individuals with lived experience, clinicians and service providers to co-create a value-based, equitable healthcare system. She is passionate about using both qualitative and quantitative data, combined with creative approaches, to generate knowledge and shift societal attitudes and actions towards improving brain health.



Day 2 – Roundtable discussion: art and neuroplasticity

Kng Mian Tze

Assistant Director, Engagement, National Gallery Singapore

Kng Mian Tze, a Singapore-born artist and educator, is passionate about fostering creativity in young people. With a Master in Fine Art from Glasgow School of Art, she joined the Gallery in 2015, bringing a unique combination of artistic and pedagogical expertise to her programming. In 2021, Mian Tze launched Strength Through Art (stART), an innovative emotional literacy program for adolescents. This initiative uses art's transformative power to help young people explore and process their emotions. Through artwork discussions, art-making, and meaningful dialogues, stART empowers participants to creatively engage with their emotional landscapes, reflecting Mian Tze's commitment to nurturing both artistic and personal growth in youth.



Day 4 – Roundtable discussion: art and ageing

Melissa Chan

Project Lead, CRISP, University of Luxembourg
Senior Atlantic Fellow, Equity in Brain Health, Global Brain Health Institute

Melissa Chan collaborates with health and social care partners to lead service design, advocacy and knowledge translation projects focused on brain health, ageing, dementia and carer support. She recently launched the GetBrainHealthy platform at the University of Luxembourg, a workplace brain health programme now funded by the Luxembourg National Research Fund to scale nationwide. Melissa has led dementia care initiatives, including CARA by Dementia Singapore, and worked with ECON Healthcare and Homage in Singapore and Malaysia. She is a Senior Atlantic Fellow at the Global Brain Health Institute and former President of the World Young Leaders in Dementia Network.



Day 4 – Roundtable discussion: art and ageing

Dr Michael Tan

Dean, Research and Knowledge Exchange, Nanyang Academy of Fine Arts, University of the Arts Singapore

Dr Michael Tan is a creative health researcher and a leading advocate for arts and health development in Singapore. His notable contributions include a seminal paper on the State of Arts and Health Development Singapore and numerous cross-sectoral collaboration with the Agency for Integrated Care, National Arts Council and Duke-NUS Medical School. Dr Tan is co-leading a systematic review in the WHO Lancet Global Series, exploring arts participation as a health behaviour for non-communicable disease prevention and health promotion. His interests include mental health literacy, and end of life. He is also the Dean of Research and Knowledge Exchange at NAFA, University of the Arts Singapore.



Day 4 – Interactive talk

Peggy Ferroa

Independent performance maker and arts educator

Peggy Ferroa is an artist educator who uses theatre to help individuals build new relationships with themselves, their community and their audience. She has co-created performances with special groups in hospices, prisons and with cultural communities like the Peranakans. Her plays have been featured at the Silver Arts Festival (Singapore), World Gold Theatre Festival (Japan) and George Town Festival (Malaysia). Peggy is also well known for developing and running theatre-based rehabilitation programmes for inmates in Singapore prisons since 2008. Her work with inmates and the elderly has been presented at local and international conferences as well as published in industry journals.



Day 2 – Workshop

Day 3 – Workshop

Day 4 – Workshop

Susanna Tan

Artist

Project Manager, Creative Brain Week Singapore 2024

Susanna Tan is a visual artist working with images, texts, objects, sites and time. Her practice draws parallels between the natural world and human experience while contemplating the strength and significance of disappointments, regrets, loss and love. Susanna founded @fahfahsaigai in 2018, functioning as an extended studio to further explore the intricate relevance and relationship between humans and plants across various industry collaborators. She also partners frequently under the moniker of @superplanter to 'plant' joy through transformed waste debris. She is part of @near, an art collective interested in building friendships that support creative practices.



Day 2 – Workshop

Day 3 – Workshop

Day 4 – Workshop

Dr Trudy Meehan

Lecturer, Royal College of Surgeons in Ireland, University of Medicine and Health Sciences

Dr Trudy Meehan (DClinPsych, PhD) is a Chartered Clinical Psychologist and Lecturer at the Centre for Positive Psychology and Health at RCSI University of Medicine and Health Sciences, Dublin, Ireland. Trudy worked for Stanford University as Director of the BING Overseas Study Program, Cape Town. As a clinician Dr Meehan was a Senior Clinical Psychologist in the HSE and Clinical Director for '50808', an innovative initiative that provides 24/7 text message support for mental health issues for young people. Trudy's research explores the value of art in the context of health and the social/political determinants of health.



Day 3 – Roundtable discussion: art and neurodiversity

Winston Wong

Partner, Diversity & Inclusion, Inclus

Winston Wong is Partner, Diversity & Inclusion at Inclus where he helps persons with disabilities and students with special educational needs (SEN) find gainful employment. He partners and works closely with corporate organisations who are keen to embark on disability inclusion and inclusive hiring journeys. Diagnosed at the age of four with bilateral sensorineural hearing loss, Winston's condition worsened progressively with many challenges over the years. He served in the public sector for two years before leaving to pursue his passion to serve the disabilities and SEN spaces in 2017. Winston is active in disability advocacy work and regularly shares his personal and professional experiences to raise awareness in the community. For his work, he was awarded both the Asia Pacific Breweries Foundation Scholarship for Persons with Disabilities and the Outstanding Deaf Student (Tertiary) Award in 2013, as well as the Goh Chok Tong Enable Award (UBS Promise) in 2021.



Day 2 – Roundtable discussion: art and neuroplasticity

Dr Yanyun Chen

Artist

Professor of the Practice, Drawing and Painting, School of the Museum of Fine Arts at Tufts University

Dr Yanyun Chen (Singapore) is an artist and a Professor of the Practice at SMFA Tufts University. Her practice untangles aesthetic, cultural and technological anatomies, unravelling notions of embodiment and inheritances. Dr Chen wrestles with questions: what intergenerational weight has been carried in our bodies; how have our families marked us; which bones scaffold our knowledge of the world? Exhibiting internationally, and recipient of awards including the National Arts Council's Young Artist Award (2020), ArtOutreach IMPART Visual Artist Award (2019) and the Singapore Art Museum's President's Young Talents People's Choice Award (2018), Dr Chen holds a PhD and MA in Communications from the European Graduate School, and BFA in Animation.



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BRAIN
WEEK

SINGAPORE 2024

1 – 5 O C T O B E R 2 0 2 4
LASALLE COLLEGE OF THE ARTS



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